

Becoming An Anti-Atlas

"Me, Myself And Why?" Part 1 of 2
Pastor Vince DiPaola

II) THE ANATOMY OF AN ATLAS IN ACTION

The Signs You're Carrying Too Much

1) You're not able to HELP PEOPLE LIKE YOU SHOULD.

"The next day Moses took his seat to serve as judge for the people, and they stood around him from morning till evening." (Exodus 18:13, NIV)

2) You can't KEEP UP WITH LIFE'S STEADY DEMANDS.

"When his father-in-law saw all that Moses was doing for the people, he said, 'What is this you are doing for the people? Who do you alone sit as judge, while all these people stand around you from morning till evening?'" (Exodus 18:14, NIV)

3) You're doing things YOU REALLY DON'T NEED TO DO.

"Moses answered him, 'Because the people come to me to seek God's will. Whenever they have a dispute, it is brought to me, and I decide between the parties and inform them of God's decrees and laws.'" (Exodus 18:15-16, NIV)

4) You're running on FUMES AND HAVE NO MARGIN.

"Moses' father-in-law replied, 'What you are doing is not good. You and these people who come to you will only wear yourselves out. The work is too heavy for you; you cannot handle it alone.'" (Exodus 18:17-18, NIV)

II) THE ANTIDOTE FOR AN ATLAS ATTITUDE

The Secret To Combating It

*Develop STRATEGIC RELATIONSHIPS.

"Listen now to me and I will give you some advice, and may God be with you. You must be the people's representative before God and bring their disputes to him. Teach them the decrees and laws, and show them the way to live and the duties they are to perform. But select capable men from all the people— men who fear God, trustworthy men who hate dishonest gain— and appoint them as officials over thousands, hundreds, fifties and tens. Have them serve as judges for the people at all times, but have them bring every difficult case to you; the simple cases they can decide themselves. That will make your load lighter, because they will share it with you. If you do this and God so commands, you will be able to stand the strain, and all these people will go home satisfied."

(Exodus 18:19-23, NIV)

III) ACTIVATING AN ANTI-ATLAS ACTION PLAN

Taking The Weight Of The World Off Your Shoulders

1) Start SHARING YOUR BURDENS with the right people.

"Carry each other's burdens, and in this way you will fulfill the law of Christ." (Galatians 6:2, NIV)

2) Learn HOW TO HAND OFF WORK to the right people.

"It was he who gave... some to be pastors and teachers, to prepare God's people for works of service, so that the body of Christ [the church] may be built up." (Ephesians 4:11-12, NIV)

"And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others."

(2 Timothy 2:2, NIV)

3) Get CONNECTED IN COMMUNITY with the right people.

"They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer. Everyone was filled with awe..." (Acts 2:42-43a, NIV)

4) Give EVERY BURDEN AT EVERY MOMENT to God.

"Cast all your anxiety on him because he cares for you." (1 Peter 5:7, NIV)